

## Antimicrobial Activity of Laehiums Prepared by Herbal Venders, South India

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**Abstract:** Tamilnadu have rich of medicinal plant resources in India. Most of the rural peoples and folk peoples having their indigenous knowledge regarding use of medicinal plants and mode of administrative for different illness of human beings. In the present study reveals that what are the laehiums prepared by herbal venders of Tamilnadu State. The laehiums commonly used by human beings, those who are affected by sick. The laehiums are very useful for patients and economically very low and there is no side effect to patients. We are analyze the antimicrobial activity of different microbial strains for the effective against laehiums prepared by herbal venders. Listed some medicinal plants used for the preparation of the different laehium during the study period.

**Key words:** Laehium • Antimicrobial activity • Strain • Medicinal palnts • Herbal venders

### INTRODUCTION

In India, Ayurvedic system evolved over 5,000 years ago and is still in practice. The Rig veda and Atharvana veda have included more than 700 medicinal prescriptions [1]. Other systems of medicine such as the Chinese, Unani and Siddha traditions have their roots in Ayurveda. All the medicinal systems mentioned above are mostly based on the plants and plant products that are available in Indian region.

Developing a medicinal plants sector, across the various states of India has become an important issue. Different stakeholders in the medicinal plants sector have projected Tamil Nadu, one of the southern states, as an "Herbal State". This nation has made medicinal plants as a commodity of high value across the state.

At the same time, realizing the continuous depletion of this valuable resource, attempts are being made for its large-scale cultivation and multiplication in order to meet its escalating demand as well as long-term sustainability. There are many aspects of research associated with the medicinal plants sector. In every society, whether technologically primitive or advanced, there exist some sort of curative recipes for the health maladies [2]. Loss of the knowledge has been aggravated by the expansion

of modern education which has made the younger generation underestimate its traditional values. Migration from rural areas to towns and resettlement of people from drought-stricken regions to fertile areas has also resulted in the deterioration of traditional practices [3]. *Chenopodium* is an ethnobotanical plant in central India [4]. The traditional medicines in Assam used by the rural areas people [5]. The all systems of traditional Indian medicine have household remedies [6].

The present investigation is intended to document the medicinal plant resources antimicrobial activity of laehiums from the medicine prepared from the herbal venders.

### MATERIALS AND METHODS

The phytomedicinal survey was conducted in various parts of Tamil Nadu (Coimbatore, Dindigul, Erode, Karur, Madurai, Namakkal, Theni and Trichy Districts) mainly from the street herbal venders during the year 2006 – 2007. The phytomedicinal information was collected from 37 street herbal venders from various parts of Tamil Nadu by standard schedule [7, 8, 9]. The present study recorded names of formulations. The plant materials were identified with the help of

standard local floras was done by examining fresh plants procured from the herbal vendors [10,11]. The medicinal formulations of laehiums (ointments) and podimarundhugal (herbal medicinal powders) were extracted with petroleum ether, hexane and ethanol by Soxhlet's apparatus. In the case of water extracts, 100 g of material was mixed with 500 ml of distilled water, boiled for one hour, filtered finally cooled at room temperature. Extracts thus obtained were concentrated by using rotary vacuum evaporator and kept at  $20^{\circ}\text{C} \pm 2^{\circ}\text{C}$ . The test extracts (1000 ppm) were prepared with respective solvents separately for each extract. Similarly the test extracts of medicinal oils (muligaiennai) were also prepared with one ml of herbal medicinal oil in 10 ml of Hexane (1:10 v/v). The obtained hexane extracts were used directly for further study [12].

Four selected bacterial species namely *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa* and one fungal species *Candida albicans* were collected from the microbial type

culture collection (MTCC) of Institute of Microbial Technology (IMTECH), Chandigarh, India.

The Durham's tube slant method was used for the hexane extract of medicinal oils and the activity was calculated in percentage of inhibition [13]. Hexane (95%) was used as control. Solvent extracts of ointments and herbal powders were used against selected microorganisms in preculture plates by disc (5 mm) diffusion method. The activity was measured by zone of inhibition in mm [14].

## RESULTS

The results on the antimicrobial activity of medicinal formulations showed that all the formulations were effective against tested microorganisms with different zone of inhibition (Tables 1 and 2). The hexane extracts and water extracts of laehiums and podimarundhugal showed least antimicrobial activity when compared with ethanol and petroleum-ether extracts.

Table 1: Some herbal medicinal formulations sold by street herbal vendors, their composition and ailments

Herbal Formulations (Medium)	Plants Used	Parts Used	Ailments	Mode of Application
1. Medicinal oils				
a. (Muligaiennai) Vadhaennai (Castor oil + neem oil in 2:1 ratio)	<i>Anethum graveolens</i>	Seed	Paralysis and displacement of bones	Externally applied on the affected part(s)
	<i>Allium sativum</i>	Bulb		
	<i>Bacopa monnieri</i>	Leaf extract		
	<i>Caesalpinia bonduca</i>	Leaf extract		
	<i>Cardiospermum halicacabum</i>	Leaf extract		
	<i>Croton tiglium</i>	Seed		
	<i>Delonix alata</i>	Leaf extract		
	<i>Phyllanthus nodiflora</i>	Leaf extract		
	<i>Piper longum</i>	Seed		
b. Megaennai (Castor oil + Sesame oil in 2:1 ratio) (10 ml/day for 48 days)				
	<i>Artemisia vulgaris</i>	Leaf extract	Liver, heart and stomach problems	Orally administered
	<i>Centella asiatica</i>	Leaf extract		
	<i>Coccinia grandiflora</i>	Leaf extract		
	<i>Coldenia procumbens</i>	Plant extract		
	<i>Ficus religiosa</i>	Bark		
	<i>Michelia champaca</i>	Flower		
	<i>Myristica fragrans</i>	Seed powder		
	<i>Pedaliium murex</i>	Seeds		
	<i>Plumbago zeylanica</i>	Root		
	<i>Tinospora cordifolia</i>	Leaf		
c. Vembadamennai (Castor oil)				
	<i>Alpinia galanga</i>	Rhizome	Ulcer	Orally administered (5 ml thrice a day)
	<i>Caesalpinia bonduca</i>	Root		
	<i>Cardiospermum halicacabum</i>	Leaf extract		
	<i>Hemidesmus indicus</i>	Root		
	<i>Pergularia daemia</i>	Root		
	<i>Solanum xanthocarpum</i>	Root		
	<i>Ventilago maderaspatana</i>	Bark extract		

Table 1: Continued

Seethevi ennai (Coconut oil)	<i>Cardiospermum halicacabum</i>	Leaf extract	Respiratory problems	Orally administered (10 ml / day for 15 days)
	<i>Ferula asafoetida</i>	Resin		
	<i>Pergularia daemia</i>	Root		
	<i>Phyllanthus emblica</i>	Fruit		
	<i>Solanum trilobatum</i>	Leaf extract		
	<i>Terminalia chebula</i>	Fruit powder		
	<i>Tylophora zeylanica</i>	Leaf extract		
Perali ennai (Castor oil + Coconut oil in 1:1 ratio) (5 ml / day for 3 days)	<i>Aloe vera</i>	Leaf extract	Digestive problems and as appetizer	Orally administered
	<i>Alpinia galanga</i>	Rhizome		
	<i>Curcuma longa</i>	Rhizome		
	<i>Foeniculum vulgare</i>	Seed		
	<i>Harpullia arborea</i>	Fruit		
	<i>Hemidesmus indicus</i>	Root		
	<i>Terminalia chebula</i>	Fruit		
	<i>Trigonella foenumgraceum</i>	Seed		
	<i>Zingiber officinale</i>	Rhizome		
Kunthal ennai (Coconut oil)	<i>Eclipta prostrata</i>	Leaf extract	Dandruff and for healthy hair	Externally applied on hair
	<i>Eugenia caryophyllata</i>	Flower		
	<i>Ficus benghalensis</i>	Aerial root		
	<i>Glycyrrhiza glabra</i>	Bark		
	<i>Mimusops elengi</i>	Flower		
	<i>Piper longum</i>	Seed		
	<i>Solanum surattense</i>	Root		
	<i>Vetiveria zizonioides</i>	Root		
	2.Ointments (Kalimbugal) Kayakkalimbu	<i>Aegle marmelos</i>		
<i>Celastrus paniculatus</i>		Seed		
<i>Cissampelos pareira</i>		Leaf		
<i>Cyperus rotundus</i>		Bulb		
<i>Diospyros microphylla</i>		Leaf		
<i>Eclipta prostrata</i>		Leaf		
<i>Phyla nodiflora</i>		Leaf		
<i>Piper beetle</i>		Leaf		
<i>Punica granatum</i>		Fruit		
<i>Sida cordifolia</i>		Root		
Pilavaikkalimbu	<i>Abrus precatorius</i>	Seed	External tumours	Externally applied on the tumours
	<i>Azima tetracantha</i>	Root		
	<i>Butea monosperma</i>	Resin		
	<i>Elaeocarpus tuberculatus</i>	Seed		
	<i>Moringa concanensis</i>	Leaf		
	<i>Papaver somniferum</i>	Seed		
	<i>Plumbago zeylanica</i>	Root		
Erikayakkalimbu	<i>Aloe vera</i>	Leaf	Fire burn wounds	Externally applied on the burn wound
	<i>Anisomeles indica</i>	Leaf		
	<i>Azadirachta indica</i>	Seed oil		
	<i>Calotropis procera</i>	Flower		
	<i>Cocos nucifera</i>	Fruit shell		
	<i>Datura stramonium</i>	Leaf		
	<i>Moringa concanensis</i>	Resin		
	<i>Punica granatum</i>	Flower		
	<i>Tinospora cordifolia</i>	Stem		

Table 1: Continued

3. Herbal medicinal powders (Podimarundhugal)	<i>Andrographis paniculata</i>	Leaf	Antidote for snake bite and scorpion sting	Orally administered (50 g / day for 3 days)
Visha Murivu Marundhu	<i>Aristolochia indica</i>	Root		
	<i>Cryptolepis buchananii</i>	Root		
	<i>Evolvulus alsinoides</i>	Root		
	<i>Ichnocarpus frutescens</i>	Root		
	<i>Rauvolfia serpentina</i>	Root		
	<i>Rhinacanthus nasutus</i>	Root		
Vayumarundhu	<i>Allium sativum</i>	Bulb	Nasobronchial diseases	Orally administered (25 g / day for 5 days)
	<i>Alpinia galanga</i>	Rhizome		
	<i>Cissus quadrangularis</i>	Stem		
	<i>Eugenia caryophyllata</i>	Flower		
	<i>Glycyrrhiza glabra</i>	Bark		
	<i>Oscimum sanctum</i>	Leaf		
	<i>Piper longum</i>	Seed		
	<i>Trigonella foenumgraecum</i>	Seed		
	<i>Zingiber officinale</i>	Rhizome		
Kabha marundhu	<i>Allium sativum</i>	Bulb	Nasobronchial diseases	Orally administered (25 g / day for 5 days)
	<i>Cissus repens</i>	Stem		
	<i>Mukia maderaspatana</i>	Leaf		
	<i>Ocimum sanctum</i>	Leaf		
	<i>Pergularia daemia</i>	Leaf		
	<i>Solanum trilobatum</i>	Leaf		
	<i>Tylophora zeylanica</i>	Leaf		
Sudhaga marundhu	<i>Centella asiatica</i>	Leaf		
	<i>Eclipta prostrata</i>	Leaf		
	<i>Hygrophila auriculata</i>	Root		
	<i>Ruta graveolens</i>	Root		
	<i>Withania somnifera</i>	Root		
	<i>Zingiber officinale</i>	Rhizome		
Pedhi marundhu	<i>Acalypha indica</i>	Root	Dysentery, diarrhoea and cholera	Orally administered (100g / day for only one day)
	<i>Cardiospermum halieacabum</i>	Root		
	<i>Clerodendrum inerme</i>	Leaf		
	<i>Croton tiglium</i>	Seed		
	<i>Debregaesia elongata</i>	Bark		
	<i>Poeciloneuron indicum</i>	Bark		
	<i>Shorea roxburghii</i>	Bark		
	<i>Sida cordata</i>	Leaf		
	<i>Strychnos nux-vomica</i>	Seeds		
Pulukkolli marundhu	<i>Cassia obtuse</i>	Root	Expelling intestinal worms	Orally administered (50 g / day for only one day)
	<i>Cassia senna</i>	Root		
	<i>Chenopodium ambrosioides</i>	Leaf		

Table 2: Antimicrobial screening (zone of inhibition in nm\*) of herbal laehiums (Kalimbugal) and herbal powders collected from street herbal venders. Values are mean of three replicates

Medicinal formulations	Ethanol extract					Petroleum ether extract					Hexane extract					Water extract				
	BS	SA	PA	EC	CA	BS	SA	PA	EC	CA	BS	SA	PA	EC	CA	BS	SA	PA	EC	CA
1. Kayakkalimbu	20.5	21.2	18.9	19.1	25.1	16.2	15.1	10.2	17.0	19.5	18.3	21.2	2.5	18.1	21.2	11.2	21.4	24.1	19.2	22.1
2. Pilavaikalimbu	28.3	22.5	22.8	23.5	20.2	8.3	11.0	13.1	19.6	21.2	10.1	9.2	5.4	10.8	11.8	25.2	21.4	21.8	19.6	27.3
3. Erikayakkalimbu	21.8	19.6	25.7	18.3	19.8	19.6	22.7	18.5	18.7	19.4	20.4	15.2	7.4	1.9	8.2	18.2	16.3	21.2	28.2	19.3
4. Vishamarundhu	15.7	21.2	16.8	17.2	8.5	5.3	5.8	6.2	5.8	2.1	7.5	8.2	14.3	5.2	8.1	5.1	6.2	7.5	3.5	2.1
5. Vayumarundhu	3.8	4.5	13.2	12.1	11.2	4.8	6.3	7.2	1.5	2.0	3.2	4.5	3.4	2.1	3.5	4.5	4.5	21.1	18.3	11.2
6. Kabhamarundhu	18.5	7.4	15.3	18.2	10.0	21.5	19.5	18.1	19.2	11.3	7.4	8.2	1.9	2.4	1.8	3.5	4.8	5.8	6.6	7.4
7. Sdhagamarundhu	18.2	21.2	24.5	23.1	29.2	20.2	18.1	16.7	18.1	10.5	11.2	12.6	21.2	20.3	15.2	19.1	21.2	25.7	20.4	12.8
8. Bethimarundhu	27.2	21.8	25.4	29.2	18.2	25.1	20.8	21.2	20.6	21.4	18.5	16.2	16.7	18.9	12.8	21.5	23.2	18.5	19.4	15.2
9. Pulukkolli marundhu	26.2	20.5	21.2	25.6	20.8	19.5	16.2	18.3	16.4	20.1	21.2	20.6	25.3	11.6	10.5	26.5	20.1	20.5	21.2	7.4
Control	4.5	4.8	4.9	5.4	3.2	2.1	2.0	1.2	1.3	1.2	1.2	1.1	2.1	0.9	0.6	-	-	-	-	-

BS = Bacillus subtilis, SA = Staphylococcus aureus, PA = Pseudomonas aeruginosa EC = Escherichia coli CA = Candida albicans

### DISCUSSION

The phytomedicinal therapy is cheaper easy to procure and administer. Historically western scientific investigation of plant based medicine began with observations on the traditional usage, followed by extraction, identification of active constituents and finally the formulation and clinical trials [15]. Majority of the peoples in the world are relying on the plants rather than commercial products developed from the plant materials [16].

Tamil Nadu has a great floral diversity and comprehensive tradition in the use of medicinal plants for both antibacterial and anti fungal activities [17-19]. In the present study indicates, the herbal formulations of the herbal street venders showed considerable antimicrobial activities. To give more support to the above findings, further investigations are needed for the isolation of active principles and pharmacological evaluation of different medicinal plant species reported in this study.

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