

The Application of the Conceptual Model (8-H) for Transforming the Lives of Youth in the Monotheistic Camp

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Abstract: This paper is a speculation on the transforming the lives of the youth. It seeks to create a model for nurturing and developing the youth with a value system. The review of the literature revealed only 4 H model (head, heart, hand and health, so it is called 4-H club which deals with educating and developing the youth. The researcher developed the 8-H model, adding the other 4-H (harmony, hope, happiness and heaven) to the previous 4-H club. The 8-H model provides a number of new insights into how to become self organizing, self-directing, developing and promoting the eternal self and entering the threshold of happiness and absolute satisfaction, felling of tranquility, living in a mental heaven life, being aware and practicing good deeds in the monotheistic camp.

Key words: Head • Hand • Heart • Health • Harmony • Happiness • Heaven • 4-H club • 8-H club

INTRODUCTION

Many studies provided only 4-H model (Head, Heart, Hand and Health) for education of youth. The central theme of the 4-H model education is “learning by doing” and formation of the 4-H movement has special story as following:

"Will B. Otwell, newly elected President of Farm Institute, began organized corn growing contests for boys in Macoupin County, Illinois, in 1898. Frustrated by the lack of interest by farms in attending meetings (only one came), he made the decision to ignore parents and concentrate on farm young people. Writing to corn growers in Illinois, Iowa, and Indiana to secure the best, high-quality corn seed available, he then advertised locally for boys under the age of 19 to send in for a packet of seed corn. The boys were to raise the corn and then exhibit a sample for possible prizes at the second Farm Institute that fall. Some 500 boys sent in for the seed and the exhibits were a success. Some 500 people attended the Institute to see the boys' exhibits. The prizes offered by Otwell were a one dollar premium for the largest yield of corn" [1].

With the success of this event, Otwell's program continued to grow. By 1901, more than 1,500 boys were

enrolled in his corn growing program. These corn growing contests expanded to numerous states resulting in the development of Corn Clubs for boys. Albert B. Graham, Superintendent of Schools for Springfield Township, Ohio, began talking with his students and teachers about the idea of organizing experimental clubs during out-of-school hours, in 1901. The following year, the first meeting of these clubs began with students focusing on projects that they could easily understand and finish. Graham had them testing the soil on their respective farms with litmus paper, selecting top-quality corn seed on family crops for future planting in test plots, and conducting science projects with a microscope for viewing mild droplets and other nature projects. This resulted in the organization of boys' and girls' clubs by Graham in Clark County, Ohio [1-2].

Otwell demonstrated in a study that young people would join organized clubs that exposed them to agriculture science and technology. He also had demonstrated the value of encouraging young people with incentives to compete. The merger of these two techniques formed the 4-H movement with this pledge [1].

It is cleared that every member should know and be able to repeat the 4-H Club pledge, “I pledge... My Head to clearer thinking, My Heart to greater loyalty,

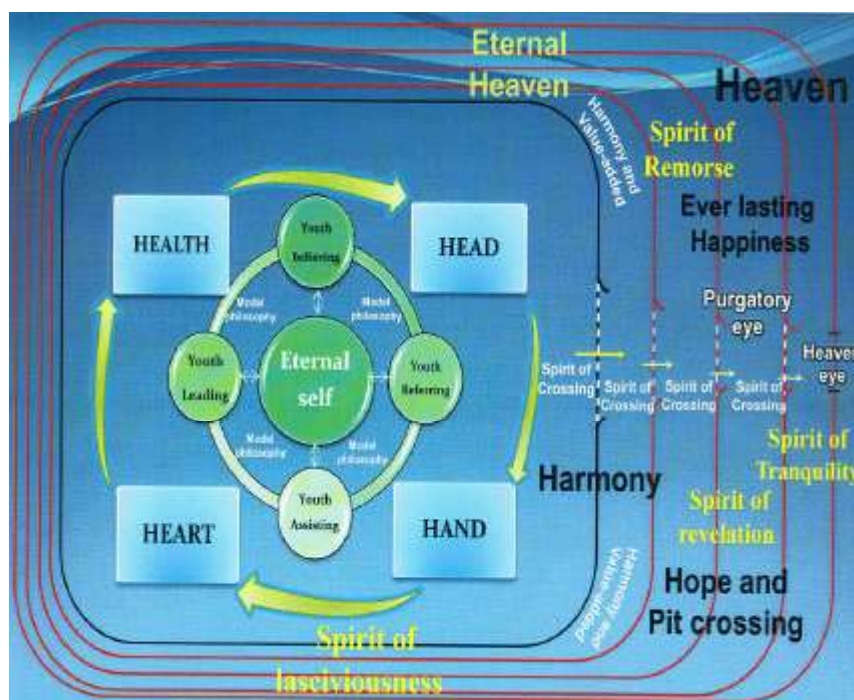


Fig. 1: Conceptual model (8-H) for transforming the lives of youth in the monotheistic camp (presented by author)

My Hands to larger service and My Health to better living. For my club, my community, my country and my world” [2].

In repeating the pledge, members raise their right hands to their foreheads when they say, “my head to clearer thinking.” They lower them to their hearts as they say, “my heart to greater loyalty.” At the line, “my hands to greater service,” they extend their hands, palms upward. At the last line, they stand at attention with their hands at their sides [1-2].

The 8-H model provides a number of new insights for self-organizing, self-directing, developing and promoting the “eternal self” as Hogan coined [3]. The following figure (portrait) demonstrates the 8-H model with its interaction in the dynamic system.

The Figure 1 elaborates youth believing, referring, assisting and leading as the philosophical umbrella term for the model and the core of this model is the “eternal- self” which must cross his/her spirit from the spirit of lasciviousness remorse, revelation to the spirit of tranquility.

Making attempts toward achieving the absolute mutual satisfaction and his/her third eye (see the unseen), the so-called purgatory eye are heaven eye will be opened. In this dynamic cycle, the youth with special harmony crosses from chains of negative thinking toward

positive thinking and sustaining hope toward internal happiness and entering the mental threshold of heaven. Let’s elaborate the 8-H model step by step.

H1. Head (mind)

Head management includes following items:

1. Portrait of the mental image Universe, galaxy, human being, human body, body parts, cells, molecules, atoms and energies.
2. The principle of transforming the brain's asset (100 billion neurons) into human Capital considering the Divine values [4].
3. The principle of meeting the scientific requirements while developing the mind, the performance results of the brain's left hemisphere as well as that of the right.
 - The brain's left hemisphere traits.
 - The brain's right hemisphere traits [5].
4. The principle of teaching -learning process considerations based on development and scientific passage toward dynamic self-regulation.
5. The principle of educating and training life skills.

6. Energies and mind management, synergy of mind power and emerging probabilities, analytical and profound knowledge, self-knowledge and knowledge of God.

H2. Heart

Heart development and management includes following items:

1. Emotions enhancement and control (developing interests, faithfulness, appreciations and wholesome attitudes.
2. Emotional intelligence development.

H3. Hand

Hand development and skill increment includes:

1. Psycho-motor skills (Aptitude to fulfill tasks, skills to accomplish and habits to completion).
2. Life skills:
 - Mental skills (regarding attitudes and values).
 - Physical skills.
3. Personal development, communication, problem solving, decision making, information analysis & utilization, resource management

H4. Health

Health management includes:

1. Health (Physical health based upon the body awareness).
2. Health (Mental health based upon the development traits).
3. Self-care [6].

H5. Harmony

Harmony management includes:

1. Harmony of heart, head and hand, backed up by health, and appreciation of the eternal self.
2. Initiation of an internal communication network and a roadmap for movement & change.
3. Integrated synergy of the power elements (mind, heart and skill) and getting a new identity with the essence of the eternal self based on the internal dialectic.
4. Managing the cathartic thoughts based on the crossing spirits with the help of the eternal self.

5. Windows of hope opened toward the real life, as well as that of the spiritual [7, 11].

H6. Hope

Hope sustaining includes:

1. Searching meaning and a new motivation for living a wise and pious life, together with changes in the body bio-chemistry.
2. Crossing paradoxes of negative thinking chains and pits (Yin) and ambition of the spirit of lasciviousness toward positive thinking (Yang) and moderation by the help of the spirit of remorse.
3. Making a balance between threshold of expectations and personal satisfactions via divine values.
4. Sustaining hope toward happiness.

H7. Happiness

Looking for happiness includes:

1. Entering the threshold of happiness via such Gross happiness Indexes as:
 - Health.
 - Science.
 - Work life.
 - Incoming & distribution.
 - Environment.
 - Family life.
 - Good governance [8].
2. Looking for on-going happiness and internalizing it.
3. Realizing the book of creation and the world communicating the mind and heart relationships, as well as the magnetic signals (energies) and revelation.
4. Care & initiation of the eternal self, God and the mental fly to achieve the supreme heaven dreams with the purgatory eye aided by the spirit of revelation [7].
5. Heaven eye-opening, living a heaven life, continual thanks giving in his banquet, and absolute satisfaction feeling (spirit of tranquility) [9, 11].

H8. Heaven

Reaching the heaven dreams includes:

1. Feeling of tranquility as entering the mental threshold of heaven (individual heaven).

2. Feeling of heaven as the most sublime entity and the ultimate summon from divine firmaments. He, therefore, makes attempts to attain the Heaven Utopia.
3. Making attempts toward achieving the absolute mutual satisfaction from both sides (the spirit of tranquility) [9].
4. Being aware and practicing the good deeds of acquired thoughts (Human's holy commitment) [10-11].
5. Opening the third eye (see the unseen) and feeling lost from his origin [7].
6. Looking for attachment through self care and initiation and reaching the heaven dreams threshold (thorough self-knowledge and knowledge of God.

CONCLUSION AND IMPLICATIONS

The 8-H is an informal, spiritual, experiential and synopsis model which includes Head, Heart, Hand, Health, Harmony, Hope, Happiness and Heaven and are used for transforming and self-regulating the lives of the youth in the monotheistic camp [11]. It is quite interesting to see how the youth can transcend from the spirit of lasciviousness, remorse, revelation to the spirit of tranquility. It is not beyond youth and human. It just need plan for action, preparing for action demands assisting the youth in selecting the best course of action in facilitating positive change from the world of yin toward the world of young. The researcher's implementing the principles as a mind map will be 8-H pledges and slogans. the conclusion of this paper summarized as following:

- My head to clearer thinking for my community, my country and my world.
- My heart to greater loyalty for my community, my country, and my world.
- My hands to larger service for my community, my country and my world.
- My health to better living for my community, my country and my world.
- Integrating the acquired elements of power and synergizing all my being in a well-managed and coordinated manner. I professionally continue developing myself, as well as for my community, my country and my world [11].
- Feeling of hope and transcending the threshold of tranquility for giving service to self, as well as for my community, my country and my world with the vision of happiness and prosperity [11-13].

- Feeling of happiness in terms off the external indexes and happiness of the self-essence in terms of initiation and passage toward the supreme dreams beyond human toward the absolute satisfaction and the holy creator.
- The feeling of tranquility, living in a mental heaven life being aware and practicing good deeds in the monotheistic camp.

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