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Plasmid Profile of Isolated *Klebsiella* Species in a Tertiary Hospital in Abeokuta, Ogun State, Nigeria

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Abstract: The aim of this study is to determine the antibiotic sensitivity pattern of *Klebsiella sp* isolated clinical samples against commonly used antibiotics in Abeokuta metropolis and to correlate the resistance pattern with their plasmid profile. A total of 100 Klebsiella sp were obtained from clinical samples in a tertiary Hospital in Abeokuta. The Isolates were obtained from ear swabs, sputum, wound swabs, eye swabs and catheter and urine samples. Pure cultures of the bacterial isolates were subjected to further standard identification techniques. Commercially available antimicrobial discs were used to determine the drug sensitivity pattern of the isolates. Plasmid isolation was done using a highly pure isolation kit (Plasmid Miniprep Kit). Electrophoresis of the DNA was carried out on a 0.8% agarose gel. Generally, Levoxin, Gentamycin and third generation cephalosporins (Ceftazidime) were the potent antibiotics for treatment of *Klebsiella* infections in this study. Plasmid profile was carried out on 27 selected multi drug resistance (MDR) isolates that were resistant to more than two classes of antibiotics. Ten (37.03%) of the MDR isolates were found to possess plasmid bands. The plasmid molecular weight range was 700-982 bp. Thus, high antibiotic resistance was observed in some Klebsiella sp isolates that possessed plasmid bands. The high frequencies with which antibiotics are used empirically to treat various diseases suggest that there might be high rate of failure associated with eradication of microbial infections despite their benefits. To overcome these difficulties and to improve the outcome of serious infections in our institutions, monitoring of resistance patterns in the hospital is needed.

Key words: Antibiotics % Electrophoresis % *Klebsiella sp* % Multi Drug Resistance (MDR) % Plasmid Profile % Nigeria

INTRODUCTION

Antibiotic resistance among bacteria is becoming more and more serious problem throughout the world. It is said that evolution of bacteria towards resistance to antimicrobial drugs, including multidrug resistance, is unavoidable because it represents a particular aspect of the general evolution of bacteria that is un-stoppable [1]. *Klebsiella spp* have been reported as opportunistic, worrisome nosocomia and community-associated pathogens [2]. *Klebsiella* isolates have been steadily increasing over the past years and they have been

important sources of transferable antibiotic resistance [3]. Indiscriminate use of third generation cephalosporins to treat Gram negative bacterial infections is partly responsible for the emergence of resistance to betalactam antibiotics [3].

The epidemiology of nosocomial outbreaks can be more complex when the resistance is mediated by several mechanisms the important one of which is the production of enzymes encoded by several genes that are carried on some bacterial plasmids, \$-lactamase and extended spectrum \$-lactamases. Plasmids have been found to confer drug resistance to their host bacteria by various

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mating processes such as conjugation, transduction and transformation [4]. Plasmid sizes vary from 1 to over 1,000 Kbp. The number of identical plasmids in a single cell can range anywhere from one to thousands under some circumstances [4].

Extended spectrum \$-lactamases are mostly plasmid-mediated enzymes capable of hydrolyzing and inactivating a wide variety of \$-lactam antibiotics, including different types of penicillins and cephalosporins [5]. *Klebsiella sp.* is well known to most clinicians as a cause of community-acquired bacterial pneumonia, occurring particularly in chronic alcoholics and showing characteristic radiographic abnormalities due to severe pyogenic infection. In recent years, *Klebsiella sp* have become important pathogens in nosocomial infections [6].

Klebsiella species contain many plasmids that differ in numbers and molecular weight, carrying different types of genes including those encoding extended-spectrum \$-lactamases (ESBLs), AmpC \$-lactamases, inhibitor resistant TEM \$-lactamases and metallo \$-lactamase enzymes. These enzymes confer resistance to various antimicrobial agents including the third and fourth generation cephalosporins, cephamycins, monobactam \$-lactamase, \$-lactamase/inhibitor combinations and carbapenems [7]. The number of resistance genes carried on the plasmids of multi-resistant K. pneumoniae is usually more than one and occasionally as many as five genes are reported [8]. In fact, coexistence of broad-spectrum \$-lactamases with ESBLs, ESBLs with AmpC \$-lactamase, ESBLs or multiple ESBLs with metallo-\$-lactamase has become common in multiresistant K. pneumoniae isolates [9]. Extended spectrum \$-lactamases are the most prevalent in K. pneumoniae, mostly encoded on large plasmids with size between 80 to 160 Kbp [10].

Despite their widespread distribution, the prevalence of ESBL-producing organisms remains underestimated because a large number of laboratories do not perform routine tests that specifically detect ESBLs [11]. The aim of this study was to determine the antibiotic sensitivity pattern of *Klebsiella sp* isolated from clinical samples against commonly used antibiotics in Abeokuta, Ogun State, Nigeria and to correlate the resistance pattern with their plasmid profile.

MATERIALS AND METHODS

Collection of Samples: A total of 100 *Klebsiella sp* was isolated from clinical samples in a tertiary hospital in Abeokuta. The samples included ear swabs (22), sputum

(12), wound swabs (30), High vaginal swabs (12), catheter (10) and urine (14).

Identification of Isolates: One hundred isolates of *Klebsiella* species were identified based on standard microbiological methods [12, 13].

Antimicrobial Sensitivity Testing: Fifteen commercially available antimicrobial discs (Abtek Biological Ltd UK) were used to determine the drug sensitivity and resistance pattern of the isolates including Gentamycin (Gen, 10mg), Erythromycin (Ery, 10mg), Ampicillin (Amp, 25mg), Augmentin (Aug, 25mg), Cotrimoxazole (Cot, 25mg), Tetracycline (Tet, 25mg), Streptomycin (Str), Ciprofloxacin (Cip, 10mg), Cloxacillin (Cxc, 5mg), Amoxicillin (Amx, 25mg), Cefuroxime (Cxm, 30mg), Ceftriaxone (Cef, 30mg), Levoxin (Lev, 25mg) Ceftazidime (Caz, 30mg) and Ofloxacin (OFL, 30mg). The antimicrobial sensitivity test of the isolates were carried out as described by the Kirby - Bauer disc diffusion method [14] as recommended by the National Committee for Clinical Laboratory Standards [15]. The density of the suspension was adjusted by adding the bacterial suspension to a sterile saline tube to match the density of the desired 0.5 McFarland standard. The standardized bacterial suspension was then swabbed and inoculated on to Muller Hinton Agar (Lab Limited UK) and left to dry for 10minutes, before placing the antimicrobial discs. Antibiotic impregnated discs of 8mm diameter were used for the test. After incubation, the diameter of the zone of inhibition were measured and compared with zone diameter interpretative chart [15, 16] to determine the sensitivity of the isolates to antibiotics.

Plasmid Isolation and Profiling: Plasmid isolation was done using a commercial plasmid isolation kit (Plasmid Miniprep Kit, Zymogen Co. Ltd. UK) according to the manufacturer instructions.

Gel Electrophoresis: Electrophoresis of the DNA was carried out on a 0.8% agarose gel according to Bikandi [17] procedures.

RESULTS

Antimicrobial Sensitivity Testing: Table 1 shows that *Klebsiella sp* isolates obtained from ear swabs had highest susceptibility to levoxin followed by gentamycin and ceftazidime and highest resistance to tetracycline, cotrimoxazole and cloxacillin. *Klebsiella sp* isolates from sputum sample showed the highest susceptibility to ceftazidime, ciprofloxacin and levoxin and high resistant

Table 1: Antibiotic susceptibility pattern of 100 Klebsiella sp isolates obtained from different clinical samples

Source/No.		Amp	Amx	Aug	Cef	Caz	Cxm	Cip	Cxc??	Cot	Ery	Gen	Lev	Ofl	Str	Tet
(Ear swabs = 22)	S(%)	5(22.7)	8(36.4)	13(59.1)	12(54.6)	14(63.6)	10(45.5)	13(59.1)	4(18.2)	4(18.2)	5(22.7)	14(63.6)	16(72.7)	10(45.5)	11(50.0)	4(18.2)
	R(%)	17(77.3)	14(63.6)	9(40.9)	10(45.5)	8(36.4)	12(54.6)	9(40.9)	18(81.8)	18(81.8)	17(77.3)	8(36.4)	6(27.3)	12(54.6)	11(50.0)	18(81.8)
(Sputum = 12)	S(%)	3(25.0)	4(33.3)	8(66.7)	9(75.0)	10(83.3)	7(58.3)	10(83.3)	2(16.7)	3(25.0)	6(50.0)	9(75.0)	10(83.3)	8(66.7)	7(58.3)	5(41.7)
	R(%)	9(75.0)	8(66.7)	4(33.3)	3(25.0)	2(16.7)	5(41.7)	2(16.7)	10(83.3)	9(75.0)	6(50.0)	3(25.0)	2(16.7)	4(33.3)	5(41.7)	7(58.3)
(Wound swabs = 30)	S(%)	12(40.0)	10(33.3)	18(60.0)	21(70.0)	21(70.0)	19(63.3)	23(76.7)	6(20.0)	5(16.7)	13(43.3)	28(93.3)	24(80.0)	20(66.7)	12(40.0)	9(30.0)
	R(%)	18(60.0)	20(66.7)	12(40.0)	9(30.0)	9(30.0)	11(36.7)	7(23.3)	24(80.0)	25(83.3)	17(56.7)	2(6.7)	6(20.0)	10(33.3)	18(60.0)	21(70.0)
(HVS swabs = 12)	S(%)	5(41.7)	4(33.3)	9(75.0)	9(75.0)	9(75.0)	7(58.3)	10(83.3)	4(33.3)	3(25.0)	8(66.67)	10(83.3)	11(91.7)	8(66.67)	8(66.67)	5(41.7)
	R(%)	7(58.3)	8(66.67)	3(25.0)	3(25.0)	3(25.0)	5(41.7)	2(16.7)	8(66.67)	9(75.0)	4(33.3)	2(16.7)	1(8.3)	4(33.3)	4(33.3)	7(58.3)
(Catheter = 10)	S(%)	2(20.0)	3(30.0)	6(60.0)	7(70.0)	8(80.0)	6(60.0)	7(70.0)	2(20.0)	3(30.0)	5(50.0)	8(80.0)	9(90.0)	7(70.0)	6(60.0)	4(40.0)
	R(%)	8(80.0)	7(70.0)	4(40.0)	3(30.0)	2(20.0)	4(40.0)	3(30.0)	8(80.0)	7(70.0)	5(50.0)	2(20.0)	1(10.0)	3(30.0)	4(40.0)	6(60.0)
(Urine = 14)	S(%)	6(42.9)	2(14.3)	12(85.7)	10(71.4)	11(78.6)	10(71.4)	12(85.7)	4(28.6)	4(28.6)	6(42.9)	12(85.7)	13(92.9)	10(71.4)	9(64.3)	6(42.9)
	R(%)	8(57.1)	12(85.7)	2(14.3)	4(28.6)	3(21.4)	4(28.6)	2(14.3)	10(71.4)	10(71.4)	8(57.1)	2(14.3)	1(7.1)	4(28.6)	5(35.7)	8(57.1)
Overall Sensitivity (%)		33(33.0)	31(31.0)	66(66.0)	68(68.0)	73(73.0)	59(59.0)	75(75.0)	22(22.0)	22(22.0)	43(43.0)	81(81.0)	83(83.0)	63(63.0)	53(53.0)	33(33.3)
Overall Resistance (%)		67(67.0)	69(69.0)	34(34.0)	32(32.0)	27(27.0)	41(41.0)	25(25.0)	78(78.0)	78(78.0)	57(57.0)	19(19.0)	17(17.0)	37(37.0)	47(47.0)	67(67.0)

 $Gen = Gentamycin, \ Ery = Erythromycin, \ Lev = Levoxin, \ Amp = Ampicillin, \ Aug = Augmentin,$

 $Cef = Ceftriaxone, \ Cot = Cotrimoxazole, \ Ofl = Ofloxacin, \ Tet = Tetracycline, \ Str = Streptomycin,$

 $Cip = Ciprofloxacin, \, Cxc = Cloxacillin, \, Amx = Amoxicillin, \, Cxm = Cefuroxime, \, Caz = Control C$

Ceftazidime, S - Sensitive, R - Resistant

Table 2: Antibiotic resistance profile of Klebsiella sp detected from the selected clinical samples

Bacteria Isolates (n= 27)	Code of the isolates	Antibiotic					
Klebsiella sp	E4	Amp, Amx, Aug, Cxm, Cip, Cxc, Cot, Ery,Ofl, Str, Tet					
Klebsiella sp	<i>E7</i>	Amp, Amx, Aug, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Gen, Lev,					
Klebsiella sp	E9	Amp, Amx, Aug, Cxc, Cot, Ery, Gen, Lev, Ofl, Str, Tet					
Klebsiella sp	E13	Amp, Amx, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Str, Tet					
Klebsiella sp	E16	Amx, Aug, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Gen, Str, Tet					
Klebsiella sp	E21	Amp, Amx, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Ofl, Str, Tet					
Klebsiella sp	S4	Amp, Amx, Aug, Cef, Cxm, Cip, Cxc, Cot, Ery,Ofl, Str,					
Klebsiella sp	<i>S6</i>	Amp, Amx, Cxm, Cxc, Cot, Ery, Gen, Ofl, Str, Tet					
Klebsiella sp	S10	Amp, Amx, Cxm, Cip, Cxc, Cot, Ery, Lev, Ofl, Str, Tet					
Klebsiella sp	W2	Amp, Amx, Cxm, Cip, Cxc, Cot, Ery, Ofl, Str, Tet					
Klebsiella sp	W6	Amp, Aug, Cef, Cxm, Cip, Cxc, Cot, Ery, Gen, Lev, Ofl, Str,					
Klebsiella sp	W11	Amp, Amx, Aug, Cef, Caz, Cxm, Cxc, Cot, Ery, Gen, Str,					
Klebsiella sp	W12	Amp, Amx, Aug, Cxm, Cip, Cxc, Cot, Ery, Lev, Ofl, Str, Tet					
Klebsiella sp	W16	Amp, Amx, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Ofl, Str,					
Klebsiella sp	W19	Amx, Cxm, Cip, Cxc, Cot, Ery,Ofl, Str, Tet					
Klebsiella sp	W23	Amp, Amx, Cef, Cxm, Cxc, Cot, Ery, Ofl, Str, Tet					
Klebsiella sp	W25	Amp, Amx, Aug, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery,					
Klebsiella sp	H5	Amp, Amx, Aug, Cef, Cxm, Cip, Cxc, Cot, Ery, Gen, Ofl,					
Klebsiella sp	C1	Amp, Amx, Aug, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Str, Tet					
Klebsiella sp	C4	Amp, Amx, Caz, Cxm, Cip, Cxc, Cot, Ery, Gen, Ofl,					
Klebsiella sp	<i>C6</i>	Amp, Amx, Cef, Cxm, Cip, Cxc, Cot, Ery, Lev, Ofl, Str,					
Klebsiella sp	<i>C</i> 7	Amp, Amx, Cxm, Cip, Cxc, Cot, Ery, Gen, Str, Tet					
Klebsiella sp	C8	Amp, Amx, Aug, Cef, Cxm, Cip, Cxc, Cot, Ery, Gen, Lev, Str, Tet					
Klebsiella sp	C10	Amp, Amx, Aug, Cef, Caz, Cxc, Cot, Ery, Str, Tet					
Klebsiella sp	U2	Amp, Amx, Cef, Cxc, Cot, Ery, Lev, Ofl, Str, Tet					
Klebsiella sp	U3	Amp, Amx, Cxm, Cip, Cxc, Cot, Ery, Gen, Str, Tet					
Klebsiella sp	<i>U7</i>	Amp, Amx, Aug, Cef, Caz, Cxm, Cip, Cxc, Cot, Ery, Gen, Tet					

to cloxacillin, cotrimoxazole, ampicillin, amoxicillin and tetracycline in that order. *Klebsiella sp* isolates from wound swabs were susceptible to gentamycin, levoxin, ciprofloxacin, ceftazidime and ofloxacin and had high resistance to cotrimoxazole and cloxacillin in that order.

Klebsiella sp from high vaginal swabs had highest susceptibility to Levoxin, gentamycin and ciprofloxacin in that order and were resistant to cotrimoxazole, cloxacillin and amoxicillin. Klebsiella sp obtained from catheter samples had highest susceptibility to levoxin, gentamycin

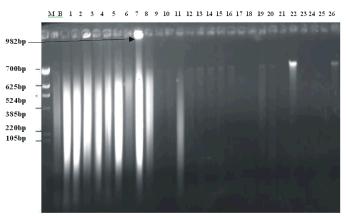


Fig. 1: Plasmid profiles of *Klebsiella sp isolates. Lane* M, 1000bp ladder; Lane B is a negative control, Lanes 1-27 are the clinical isolates (Lanes 8, 13-17, 20, 21, 23 and 27 are positive)

and ceftazidime and high resistant rate to cloxacillin, ampicillin, amoxicillin and cotrimoxazole. *Klebsiella sp* isolated from urine samples had high susceptibility rate to levoxin, gentamycin, ciprofloxacin and augmentin and were resistant to amoxicillin, cloxacillin, cotrimoxazole, erythromycin and tetracycline.

The antibiotic susceptibility pattern of the 100 *Klebsiella sp* isolates obtained from different clinical samples showed that twenty seven isolates were resistant to more than two classes of antibiotics(MDR); Six (E4, E7, E9, E13, E16 and E21) from ear swab, three (S4, S6 and S10) from sputum, eight (W2, W6, W11, W12, W16, W19, W23 and W25) from wound swab, one (H5) HVS, six (C1, C4, C6, C7, C8 and C10) from catheter and three (U2, U3 and U7) from urine samples (Table 2).

Plasmid Isolation and Profiling: Plasmid profile was carried out on the 27 MDR *Klebsiella sp* isolates. Ten (37.03%) were found to possess plasmid bands. Three of the plasmids were detected from isolates obtained from ear swab samples, one from isolate obtained from sputum samples and three plasmids from isolates obtained from wound swab samples. Two plasmids were detected from isolates obtained from catheter samples while one plasmid was detected from isolate obtained from urine samples. The plasmid sizes of the isolates were 982, 700, 732, 748, 756, 765, 815, 815, 837 and 842bp found in lanes 8, 13-17, 20, 21, 23 and 27 respectively (Fig. 1).

DISCUSSION

ESBL-producing strains of *Enterobacteriaceae* have been reported to cause outbreaks of infections [11, 18-19] leading to serious antibiotic management concerns

[11, 20]. Risk factors that have been associated with the acquisition of ESBL producing organisms are usage of central venous or arterial catheters, emergency intra-abdominal surgery and lung or gastrointestinal tract pathologies [11, 21]. *K. pneumoniae* have the ability to transfer plasmids containing resistance genes to an indigenous *E. coli* during therapy period [7].

The present study showed high resistance of the *Klebsiella* isolates to the tested antibiotics. This high resistant rate of strains to various antimicrobial agents corresponds with findings by Akiyoshi *et al.* [22]. A high level of resistance to most antibiotics by *Klebsiella sp.* was also reported by Okonko *et al.* [23]. Most of the *Klebsiella sp* obtained showed resistance to first line antibiotics that are commonly prescribed, such as Ampicillin, Amoxicillin, Cloxacillin and Cotrimoxazole. There are reports covering high levels of resistance of *Klebsiella sp* towards these antibiotics in many countries [24].

Subha and Ananthan [24] revealed that *K. pneumoniae* contains a common large plasmid (89 kb) which confers resistance to ampicillin, kanamycin and chloramphenicol and intermediately resistant to amikacin. According to Eisen *et al.* [25], *Klebsiella sp* is an opportunistic pathogen and is a causative agent of several kinds of infections in human. It is one of the major pathogens in nurseries, intensive care units and hospital wards in spite of many effective available antibiotics. This study revealed that streptomycin is not effective (47.0%) for infection caused by *Klebsiella sp* in Abeokuta.

Antibiotics such Levoxin, Gentamycin and Ceftazidime recorded high effectiveness across all tested *Klebsiella*. These antibiotics can be considered as a drug of choice for treatment of *Klebsiella* infections in

Abeokuta. The results of this study support the recommendation of the aminoglycoside (gentamycin) and the third generation cephalosporins (Ceftazidime) as suitable antibiotics for treating *Klebsiella* infections [26].

The overall sensitivity reported for Ceftriaxone (68.0%), Cefuroxime (59.0%) and Ceftazidime (73.0%) was higher than the values reported in previous studies. In a study by Shah *et al.* [3], Cefoxitin (31.66 %) and cefotaxime (30.00 %) were the other antibiotics which were found to be sensitive against *Klebsiella* isolates. The values reported in this study were marginally higher than that reported in studies by Datta *et al.* [27] and Shivaprakash *et al.* [28].

The antibiogram revealed that all isolates were amoxicillin, resistant to ampicillin, cloxacillin, cotrimoxazole and tetracycline in almost equal magnitude. Unless the antibiotic susceptibility test-result is known, ampicillin, amoxicillin, tetracycline, cloxacillin and cotrimoxazole is not advised to be used for treatment of Klebsiella infection in Abeokuta. Although some of the Klebsiella isolates were susceptible to tetracycline (33.3%), the Klebsiella sp clone presented in this study was multi-drug resistant, with resistance to most of the antibiotics used, thereby compromising the use of extended spectrum cephalosporins, quinolones and aminoglycosides as therapeutic options. Similarly, Jain et al. [29] showed that ESBL-producing organisms were resistant to ampicillin, cotrimoxazole, tetracycline and gentamicin. Resistance to ceftazidime was also reported by Enwuru et al. [2].

Some of the strains obtained in this study harboured resistance plasmids with high-level of multi-drug resistance ability to more than two classes of antimicrobial agents. This could pose a dangerous threat to effective therapy. It is documented that bacteria harbour series of antibiotic resistant genes which can be transferred to others horizontally [30]. Plasmids were detected in 10(37.03%) out of the 27 selected multi-drug resistant isolates obtained from the clinical samples. This plasmid rate was lower to 67% of isolates showing multidrug resistance to more than two antibiotics in Lagos, Nigeria [31].

In deed, the epidemiology of ESBLs has undergone dramatic changes in recent years with the emergence and spread of the CTXM-type enzyme worldwide [11, 32, 33]. ESBL-producing members of the *Enterobacteriaceae* have been reported in Saudi Arabia [11, 34-37], Kuwait [11, 38-41], Oman [42], Bahrain [11] and the United Arab Emirates [11, 43, 44].

From this study, it was observed that the ten *Klebsiella sp* isolates obtained from the clinical samples

had plasmid molecular weight of 982, 700, 732, 748, 756, 765, 815, 815, 837 and 842bp. High antibiotic resistance was observed in some Klebsiella sp isolates that possessed plasmid bands. The study by Woodford et al. [45] pointed out that Klebsiella pneumoniae contains two plasmids of molecular weight approximately 95 and 200 Kbp size encoding beta-lactamase enzymes represented by blaTEM-1, blaSHV-12, blaCTX-M-3 and blaDHA-1. Also, Ensor et al. [46] revealed in their study that K. pneumoniae contains a common large plasmid 89 Kbp which confers resistance to ampicillin, kanamycin, chloramphenicol and amikacin. The Klebsiella spp isolates were more susceptible to the quinolones and more resistant to the penicillin as evident in this study. This is similar to the findings reported by Orhue et al. [47]. Resistance to third-generation cephalosporins in these isolates could be largely due to the production of extended-spectrum b-lactamase (ESBL) enzymes, which hydrolyze oxyimino-cephalosporins that are inhibited by clavulanic acid [11].

Resistance genes may either develop from modifications of existing resistance genes or from cryptic resistance genes that hide undetected in the genomes of antibiotic sensitive bacteria [48-49]. The development of resistance to newly introduced antimicrobial drugs is difficult to predict and depends on many factors, including antimicrobial use policies [48-49]. Every antibiotic so far discovered has conferred resistance. Most threatening is the development of new resistance mechanisms that involve resistance genes that are on mobile genetic elements and facilitates spread within and between species [49].

The study showed that 10(37.03%) of the MDR to possess plasmid bands. isolates were found However, the plasmid molecular weight ranged from 700-982 bp. The high antibiotic resistance was observed in some Klebsiella sp isolates used in this study. This suggests that there might be high rate of failure associated with eradication of microbial benefits. infections despite their In order to overcome these difficulties and to improve the outcome of serious infections in our institutions. monitoring of resistance patterns in the hospital is recommended.

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